



WAZEEFAH NAQSHBANDIYYAH

(Once every 24 hours preferably after Fajr)

1. Part 1

- a. Shahadah three times [*Ash-hadu alla ilaha illallah wa ash-hadu anna Muhammadan 'abduhu wa rasuluh*];
- b. *Astaghfirullah* 25 times;
- c. **Fatihah** one time with the intention of participating in the blessings sent down with it when it was revealed in Makkah.
- d. **Amanar-rasul**
- e. **Alam nashrah** 7 times
- f. **Ikhlas** (Surat 112) 11 times;
- g. **Falaq** (Surat 113) 1 time;
- h. **Nas** (Surat 114) 1 time;
- i. *La ilaha illallah* 10 times, the last time completing it with *Muhammadar Rasulullah*.
- j. **Salawat ash-Sharifah** 10 times [*Allahumma salli 'ala Muhammadin wa 'ala ali Muhammadin wa sallim*];
- k. **Ihda'**, that is, presenting the reward of the above recitation to the Prophet (s) and all the Prophets and Awliya' especially the Shaykhs of the Naqshbandi Tariqah;
- l. Wrapping it up with the *Fatihah*, with the intention of sharing in the Divine Graces and *tajalli* that were sent down when the *Fatihah* was revealed in Madinah the second time.
- m. Allahu Allahu Allahu Haq 3 times
- n. Salawat (10 times) as above, and du'a

2. Part 2

- a. **Dhikr** of the Glorious Name *Allah* 1 500 times;
- b. **Salawat** 300 to 1 000 times
- c. One-thirtieth (*juz'*) of the Qur'an, or instead **Ikhlas** 100 times;
- d. One chapter of Dala'il Khayrat or 100 **Salawat**

3. Part 3 (Optional, each one 100 times)

- a. **La ilaha illallah**
- b. **Astaghfirullah hal azeem wa atubu ilayh**
- c. **Ya Latif**
- d. **Bismilla hirrahma nirrahim**
- e. **Hasbiyal lahu wa ni'mal wakeel**