

Practices of the Blessed Night of Desires

To be done after *Ṣalātul-‘Ishā’* on the first Thursday of the month of *Rajab*

Nawaytul arba‘īn, nawaytul i‘tikāf, nawaytul khalwah, nawaytul ‘uzlah, nawaytur riyāḍah, nawaytus sulūk, nawaytus ṣiyām, lillāhi ta‘ālā, fi hādhal bayt.

I intend the forty (days of seclusion). I intend seclusion in the mosque. I intend seclusion. I intend isolation. I intend discipline (of the ego). I intend to travel in Allah’s Path. I intend to fast for the sake of Allah in this house.

Perform the Naqshbandi Adab (see Part One, pp. 140-142)

The Grand Transmitted Invocation (see Appendix B, pp. 230-234)

Khatmul Khwajagan (see pp. 156-180) with the *dhikr*

Mawlid

Ṣalātut Tasbīh (2, 2 or 4 *raka‘āt*) (see pp. 62-66)

Fasting this day (and it is also desired to present a sacrifice to Allah)

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نَوَيْتُ الْأَرْبَعِينَ ، نَوَيْتُ الْإِعْتِكَافَ ، نَوَيْتُ الْخُلُوعَ ، نَوَيْتُ
الْعُزْلَةَ، نَوَيْتُ الرِّيَاضَةَ ، نَوَيْتُ السُّلُوكَ ، نَوَيْتُ الصِّيَامَ لِلَّهِ تَعَالَى
فِي هَذَا الْبَيْتِ.

أَدَبُ الطَّرِيقَةِ.

الدُّعَاءُ الْمَأْتُورُ عَنْ سُلْطَانِ الْأَوْلِيَاءِ.

خَتْمُ الْخَوَاجِكَانَ مَعَ الذِّكْرِ.

الْمَوْلِدُ الشَّرِيفُ.

صَلَاةُ التَّسْبِيحِ.

الصِّيَامُ.
